

MEDITATIONS
ON THE
PSALMS



Psalm 90

A PRAYER OF MOSES, THE MAN OF GOD.

- ¹ Lord, you have been our dwelling place
in all generations.
- ² Before the mountains were brought forth,
or ever you had formed the earth and the world,
from everlasting to everlasting you are God.



Psalm 90

- 3 You return man to dust
and say, “Return, O children of man!”
- 4 For a thousand years in your sight
are but as yesterday when it is past,
or as a watch in the night.
- 5 You sweep them away as with a flood; they are like a dream,
like grass that is renewed in the morning:
- 6 in the morning it flourishes and is renewed;
in the evening it fades and withers.



Psalm 90

- 7 For we are brought to an end by your anger;
by your wrath we are dismayed.
- 8 You have set our iniquities before you,
our secret sins in the light of your presence.
- 9 For all our days pass away under your wrath;
we bring our years to an end like a sigh.



Psalm 90

- ¹⁰ The years of our life are seventy,
or even by reason of strength eighty;
yet their span is but toil and trouble;
they are soon gone, and we fly away.
- ¹¹ Who considers the power of your anger,
and your wrath according to the fear of you?
- ¹² So teach us to number our days
that we may get a heart of wisdom.



Psalm 90

- 13 Return, O LORD! How long?
Have pity on your servants!
- 14 Satisfy us in the morning with your steadfast love,
that we may rejoice and be glad all our days.
- 15 Make us glad for as many days as you have afflicted us,
and for as many years as we have seen evil.



Psalm 90

- ¹⁶ Let your work be shown to your servants,
and your glorious power to their children.
- ¹⁷ Let the favor of the Lord our God be upon us,
and establish the work of our hands upon us;
yes, establish the work of our hands!



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¹ Lord, you have been our dwelling place in all generations.



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1. We spend our lives longing for home.

Psalm 90:1

Lord, you have been our dwelling place in all generations.



1. We spend our lives longing for home.

Deuteronomy 33:27–29

27 “The eternal God is your dwelling place...

28 So Israel lived in safety...
in a land of grain and wine,
whose heavens drop down dew.

29 Happy are you, O Israel!”



2. We're never quite home in this world.

Psalm 90:1

Lord, you have been our dwelling place in all generations.



2. We're never quite home in this world.

Acts 7:22: And Moses was instructed in all the wisdom of the Egyptians, and he was mighty in his words and deeds.



2. We're never quite home in this world.

Hebrews 11:8: By faith Abraham obeyed when he was called to go out to a place that he was to receive as an inheritance. And he went out, not knowing where he was going.



2. We're never quite home in this world.

Psalm 3: when he fled from Absalom his son.

Psalm 59: when Saul sent men to watch his house
in order to kill him.

Psalm 56: when the Philistines seized him in Gath.

Psalm 57: when he fled from Saul, in the cave.

Psalm 63: when he was in the wilderness of Judah.



2. We're never quite home in this world.

2 Corinthians 11:26–27: ²⁶ ...on frequent journeys, in danger from rivers, danger from robbers, danger from my own people, danger from Gentiles, danger in the city, danger in the wilderness, danger at sea, danger from false brothers; ²⁷ in toil and hardship, through many a sleepless night, in hunger and thirst, often without food, in cold and exposure.



2. We're never quite home in this world.

Hebrews 11:13–16: ¹³ These all died in faith, not having received the things promised, but having seen them and greeted them from afar, and having acknowledged that they were strangers and exiles on the earth. ¹⁴ For people who speak thus make it clear that they are seeking a homeland. ¹⁵ If they had been thinking of that land from which they had gone out, they would have had opportunity to return. ¹⁶ But as it is, they desire a better country, that is, a heavenly one. Therefore God is not ashamed to be called their God, for he has prepared for them a city.



3. God himself is our ultimate home.

Psalm 90:1

Lord, you have been our dwelling place in all generations.



3. God himself is our ultimate home.

Psalm 90:1–2

- 1 Lord, you have been our dwelling place in all generations.
- 2 Before the mountains were brought forth,
or ever you had formed the earth and the world,
from everlasting to everlasting, you are God.



3. God himself is our ultimate home.

“Creatures are not born with desires unless satisfaction for those desires exists. A baby feels hunger: well, there is such a thing as food. A duckling wants to swim: well, there is such a thing as water. Men feel sexual desire: well, there is such a thing as sex. If I find in myself a desire which no experience in this world can satisfy, the most probable explanation is that I was made for another world. If none of my earthly pleasures satisfy it, that does not prove that the universe is a fraud. Probably earthly pleasures were never meant to satisfy it, but only to arouse it, to suggest the real thing.”



3. God himself is our ultimate home.

“If that is so, I must take care, on the one hand, never to despise, or to be unthankful for, these earthly blessings, and on the other, never to mistake them for the something else of which they are only a kind of copy, or echo, or mirage. I must keep alive in myself the desire for my true country, which I shall not find till after death; I must never let it get snowed under or turned aside; I must make it the main object of life to press on to that country and to help others to do the same.”

— *C. S. Lewis*

